



3 Sisters Salsa

You will need some parent help for this cooking experience.

Ingredients:

Salad

1 (15 oz.) can of black beans, drained	2 Tablespoons
olive oil	
2 ears fresh sweet corn, husked and kernels removed	Juice of 2 limes
4 small tomatoes, diced	1 teaspoon chili
powder	
1 small zucchini, diced small	1 small red onion,
finely	chopped
1 bunch of fresh cilantro, roughly	salt and pepper to
	taste

Directions:

- 👉 Combine all ingredients in a large bowl and adjust seasoning to taste.
- 👉 Serve salsa as an accompaniment to a main course, such as vegetable quesadillas, or as a snack with homemade baked tortilla chips



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